

# News for Ewes

October 2022

Volume MMXXII  
Number 7



The Rochester Knitting Guild is an organization to promote interest, appreciation and skill in knitting.

Visit our website  
[www.RochesterKnitting.org](http://www.RochesterKnitting.org)

## Presidents' Message

Hello to all RKG knitters AND crocheters,  
The sound of delight on opening night with all of you back in person in the social hall at TBK was pure joy. What a fantastic turnout! There was much fellowship and fun as we were amazed by the show-and-tell projects, worked diligently on the get-acquainted table activity, and watched our growing waistlines due to yummy cake.

Our next meeting will be on Zoom October 3rd at 7:00pm. Here we will be guided by the incomparable Carson Demers, author of *Knitting Comfortably*, as he teaches us how to be healthy knitters well into our 90s. Make sure your dues are paid so you receive the zoom link.

We are looking forward to a spectacular Shop Night on November 14th. We hope to have 25 vendor tables filled for the “holiday” shopping evening.

See you REAL soon,  
*Margaret Mullen*  
President

## Upcoming Meetings

*All Hands Meetings*  
October 3rd (via Zoom)  
November 14th  
December 12th  
7:00 p.m.  
Doors open at 6:30  
Temple B'rith Kodesh  
2131 Elmwood Avenue  
Rochester, NY 14618

*Board Meetings*  
October 10th  
November 21st  
December 19th  
January 23rd  
February 27th  
7:00 via Zoom.  
Link upon request

## October Meeting/Special Guest via Zoom

The Rochester Knitting Guild is delighted to welcome **Carson Demers** to speak at our October meeting. Carson has been a physical therapist for 30 years and learned to knit and crochet at a young age. After an injury, Carson devoted himself to further study of ergonomics. In his clinical practice he then discovered many of his patients were knitters contending with injuries similar to those he had and for the same reason—a lack of information. He brings over 20 years of ergonomic experience to the goal of demystifying ergonomics, and teaching crafters the root causes of their discomfort, speed, efficiency or lack thereof.

In *Tips to Knitting Longevity and Comfort*, Carson will address what it takes to make our “knitting system” run effectively and efficiently. Then he’ll discuss how knitters can avoid burnout by optimizing knitting techniques, needle choices, and posture. Implementation strategies will be taught to help easily implement simple change.

*Cindy Proano*  
Workshops/Guest Speakers



## Membership Dues

As a reminder, the guild is collecting dues this year. Dues are \$25 a year, (\$15 for Students with Valid ID) and should be paid as soon as possible to ensure you have access to all the guild provides: Rochester knitting news and events, access to the incredible guild library, courtesy discounts at member shops, early access to wonderful special events and workshops, and monthly programming to enjoy with your knitting peers.

You may paycash, check, or now by Venmo for those of you who can or do use that banking service!

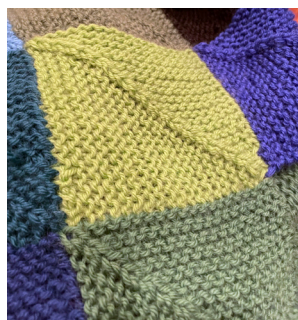
If you use Venmo you will be able to send funds to **RKGTreasurer**, which deposits them directly into the Guild's CNB bank account. In order to properly credit you for your payment on Venmo, please add a note with your name or phone number, since the Treasurer will not know your Venmo ID. If you've never used Venmo, inquire with your bank as to whether they work with Venmo. Most banks will either use Venmo or Zelle and CNB only uses Venmo. In order to use it you will need to download their app and provide the necessary information.

Checks may be mailed to the Rochester Knitting Guild at PO Box92264. Rochester NY14692. Please notify our membership coordinator at [membership@rochesterknitting.org](mailto:membership@rochesterknitting.org) if you are mailing a check

## Membership Help Needed

The Membership Committee is in need of at least three volunteers for the Monday, November 14th in-person guild meeting. Responsibilities include accepting membership forms and payment, collecting raffle payments and issuing raffle tickets. If interested, please contact [membership@rochesterknitting.org](mailto:membership@rochesterknitting.org). Thank you!

*Kat Tronolone*  
*Membership*



## Shop Night

Don't forget your wallet in November because Shop Night is back! We are excited by the return of this popular event that is sure to feature a variety of vendors .

If you are a vendor interested in participating in Shop Night, contact our shop liaison, Carol Kolb via e-mail at [shopliaison@rochesterknitting.org](mailto:shopliaison@rochesterknitting.org)

## Community Service

For those of you who were not able to attend the Sept RKG meeting, I'm Pat Butterfield and I will be leading Community Service for the Guild this year. We started out the year with 4 of our members donating 43 items in the first meeting - thank you Jean, Nancy, Sally & Heather! I'm excited about continuing the Guild's practice of collecting hand knitted or crocheted items and donating them to groups who need them the most, within our community! But this only happens with your help. So, please bring your finished items to donate to the next Guild meeting. You will find me at a table in the front by the left end of the stage. Can't make the meeting--no problem. Just reach out to me at [communityservice@rochesterknitting.org](mailto:communityservice@rochesterknitting.org) and I can pick up your items. Willing to make items but need yarn--again no problem. The Guild has yarn you can take to create the items to donate. As an added incentive, your name will get entered into an end of the year drawing for every item you donate! Thanks for your support to help those in need, and I look forward to meeting you at an upcoming Guild meeting.

*Pat Butterfield*  
*Community Knitting*

## Spring Retreat

Our Spring Retreat is returning for its 11th year! Join in for a long weekend of guilt-free fiber time March 2nd to 5th, 2023 at Camp Stella Maris. Registration begins at our November 14th meeting. Workshop details coming soon. [Nina.Requeno@gmail.com](mailto:Nina.Requeno@gmail.com)

## RKG Back Together Again Questions

I had great fun going through the answers to the September meeting questionnaire, and I'll do my best to tabulate them for you all. I'm pretty sure I identified 71 respondents; there may have been a few more. Not everyone responded to every question, and some answers were combined on the answer sheet without specifying how many people were involved.

*What's the longest number of years anyone has knitted?* – We have a group with very impressive experience. The longest time knitting reported was 71 years, although we also had a 70 year knitter, and 10 people have been knitting between 60 and 69 years. Another 7 have been knitting between 50 and 59 years. 6 have been knitting between 40 and 49 years, 3 for 30 to 39 years, 4 for 20 to 29 years, 7 from 10 to 19, and 6 people have been knitting for less than 10 years.

*What's the shortest amount of time anyone has been knitting?* Two people have been knitting for less than a year. I must say I was impressed by the table where the person knitting for the shortest time has been knitting for 49 years.

*Straights or circulars?* – This was a clear division. 10 people expressed a preference for straight needles; 54 for circulars.

*How many use DPNs? Hate them?* 39 people use DPNs, and 17 say they hate them.

*What are everyone's favorite needle materials?* I gave everyone 3 votes for this one, since a lot depends on the yarn being used; most people didn't seem to take advantage of that. 31 people prefer stainless steel, 26 like wood. 17 chose nickel-plated, and the same number chose bamboo. 12 like aluminum, and 7 like acrylic/plastic/casein.

*What are everyone's favorite needle brands?* There

were a number of brands mentioned, and I've combined where it seemed sensible. The most popular brand is ChiaoGoo, with 14 people preferring them. The next most popular brand is Addi, with some people specifically mentioning Rockets and Lace - 7 people named Addis. After that are Knit Picks, with 5, and Knitter's Pride/KnitPro with 4, if I include Karbonz (which received 1 mention), which is one of their needle types. Lykke needles were also named by 4 people. Clover Takumi Bamboo needles were chosen by 3 people, and HiyaHiya, Balene, and Signature were each named by 2. Susan Bates and Inox, and square needles (brand not specified), were named by 1 each.

*Do you carry your yarn in your left hand, or your right?* This one is close to an even split, with 32 carrying in the left, and 36 in the right.

*Do you have a go to weight of yarn you most use, and what is it?* A number of people specifically stated that they had no preference, but of those who did name one, 16 like fingering weight, 8 like DK, 6 chose worsted, there were 2 mentions each for sport and lace weight, and 1 for super bulky. Aran and chunky weren't mentioned.

*Do you have a preferred fiber?* Wool and wool blends are the clear preference, with a combined total of 22 (15 wool and 7 wool blends). Within the wool choices, both superwash and non superwash were specifically mentioned, as was BFL (once each), and merino had 5 mentions. The specified blends were wool/cotton (1), wool/acrylic (1), and merino/silk (2), and unspecified wool blends were mentioned 3 times. 4 people chose acrylic, 3 like cashmere, there were 2 each for mohair and alpaca, and 1 each for alpaca/silk, cotton, silk, and chitin.

*Do you knit your sleeves first or last?* This is another clear division. 3 people knit their sleeves first; 29 knit them last.



*RKG board members/volunteers*  
left to right: Margaret Mullen, Debbie Abrahams, Holly Bauer-Mergen, Nina Requeno, Gloria Wimer, Kat Tronolone, Patti Tyler, Marcie Shapiro, Joan Batzold, Pat Butterfield, Natalie Klein, Cindy Proano, Sue Sayre  
Photo by John Addyman



*Socks – 2 at a time? Sequentially, Concurrently?* 9 people knit socks 2 at a time, 5 knit them concurrently, and 29 knit them sequentially (thus risking the dreaded Second Sock Syndrome).

*Still socks – DPNs? Short circular? 2 circulars? Magic loop?* Only 3 people use a short circular, 12 use 2 circulars, 17 use Magic Loop, and 25 use the classic DPNs.

*Do you have a knitting bucket item? What is it?* Some people interpreted this as a tool, some as a destination, some as general category, and some as a specific pattern. Tools include Signature DPNs, a set of Lykkes, a Joji Locatelli knitting bag, and a Tom Bihn bag. Destinations include Rhinebeck, the Maryland Sheep and Wool Festival, and Peru. General techniques include colorwork, cables, brioche, and steeks. General garments include hats (including a colorwork hat), socks, sweaters, sweaters that actually fit, a bulky sweater, a vest, a skirt, a log cabin pattern, a lace overshirt, and a big lacy shawl. Specific (or nearly specific) patterns include the Papillion Shawl, StevenBe's Black and White, Amy Gunderson's All Colors Sweater, Nancy Vandivert's Yojimbo, the Persian Dreams blanket, a lace Pi shawl, a sweater from Starmore's Tudor Roses (yet to be determined), and finishing a blanket WIP that's been going for several years.

*Have you ever traveled out of town for a knitting event, or a fiber event that included knitting?* We're a well-travelled group. Several people have been to the two local knitting retreats, and even more have been to fiber festivals, both locally (Hemlock), a bit more distant (Central New York, Rhinebeck, the Fiber Flurry), and out of state in Massachusetts, New Hampshire, Connecticut, Maryland, and Pittsburgh. People have attended Stitches East, South, and Midwest, and Camp Stitches, and they've gone to Vogue Knitting LIVE in NYC, Seattle, and Las Vegas. People have travelled to classes in yarn shops, convention centers, to Camp KIP, to SOAR, to the Stockinette Zombie's retreat, and to the John C. Campbell Folk School. Others have left the country, travelling to Canada and Ireland.

*Have you ever knitted somewhere unusual?* We have some fascinating destination knitters, and some excel-

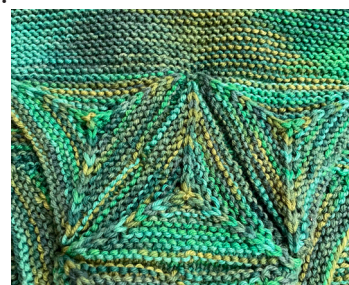
lent knitting in public/unexpected places – everything from meetings, work, restaurants, concerts, at a graduation, the beach, the pool, in line, stuck in an elevator, in a canoe, on a boat on the canal, on a cruise, in the bed of a pickup truck, in the toilet, on a plane, in the ER, in hospice, during Putt Putt, at a baseball game, and at the Genesee Country Museum. More distant locations include National Parks (Yellowstone and Zion), overseas travel (Costa Rica, the Galapagos, and Poland), and everything from going up Pike's Peak, a catamaran in the British Virgin Islands, and a buoy in the middle of Lake Tahoe, to Paris, the Tower of London, north of the Arctic Circle, and on the Great Wall of China.

*What's your favorite pattern source or website?* Ravelry is a clear favorite, with 18 people naming it, YouTube and personal libraries each had two mentions, and Purl Soho, Churchmouse Yarns and Teas, Fruity Knitting, Knitty.com, Pinterest, Instagram, magazines, and libraries had one mention each.

*What's your favorite kind of knitting for road trips or Zoom (or other) meetings?* Socks are the hands down favorite, followed by hats (cupcake hats were mentioned), anything mindless, shawls, easy cowls, scarves, dishcloths, gloves, blankets, garter stitch, stockinette, 1 x 1 rib, and anything that's already established. Two specific patterns that were mentioned were Nuvem (once established), and Hitchhiker.

*Who taught you to knit, or had the most influence on your knitting?* While a lot of people learned from family members - mothers (5), grandmothers, sisters, and aunts (4 each), a daughter, great grandmother, or ex-mother-in-law (1 each) – more learned other ways, including friends (9), yarn shops (8), YouTube (4; Knit Purl Hunter was specifically mentioned), and books (3). Also mentioned, one time each, were a mother's friend, someone at the library, a college roommate, and a camp counselor. Elizabeth Zimmerman was also mentioned, but it wasn't clear whether that was as a teacher or as an influence.

Sue Sayre  
Vice President



# Stitch in our Community

**Sit & Stitch**  
**Webster Public Library,**  
Mondays,  
3:30 to 5 pm

**Knit Nook**  
**Mendon Public Library,**  
22 N Main St, Honeoye Falls,  
2nd & 4th Thursdays, 10-11:30am

**Drop-in Knitting Circle**  
**Irondequoit Public Library**  
room 213  
Mondays  
6:000 to 8:00 p.m.  
Tuesdays  
1:00 to 3:00 p.m.  
Bring you knitting, quilting or needle-  
work supplies and projects, and chat  
while you work

**Does your local library, community center or  
community group offer oppurtunities to stitch  
with others? Share it here!**

[newsletter@rochesterknitting.org](mailto:newsletter@rochesterknitting.org)

## 2022/2023 Board of directors

<b>President</b>	Margaret Mullen	<a href="mailto:president@rochesterknitting.org">president@rochesterknitting.org</a>
<b>Vice President</b>	Sue Sayre	<a href="mailto:vicepresident@rochesterknitting.org">vicepresident@rochesterknitting.org</a>
<b>Past Presidents</b>	AnneSchweighardt Holly Bauer-Mergan	<a href="mailto:pastpresident@rochesterknitting.org">pastpresident@rochesterknitting.org</a>
<b>Secretary</b>	AnneSchweighardt	<a href="mailto:secretary@rochesterknitting.org">secretary@rochesterknitting.org</a>
<b>Treasurer</b>	Joan Batzold	<a href="mailto:treasurer@rochesterknitting.org">treasurer@rochesterknitting.org</a>
<b>Membership</b>	Kat Tronolone	<a href="mailto:membership@rochesterknitting.org">membership@rochesterknitting.org</a>
<b>Library/Knit Resources</b>	Lauren Benoodt	<a href="mailto:librarian@rochesterknitting.org">librarian@rochesterknitting.org</a>
<b>Web Site/Social Media</b>	Alyssa Cabrera	<a href="mailto:webmistress@rochesterknitting.org">webmistress@rochesterknitting.org</a>
<b>Newsletter</b>	Natalie Klein	<a href="mailto:newsletter@rochesterknitting.org">newsletter@rochesterknitting.org</a>
<b>Community Service</b>	Pat Butterfield	<a href="mailto:communityservice@rochesterknitting.org">communityservice@rochesterknitting.org</a>
<b>Shop Liaison</b>	Carol Kolb	<a href="mailto:shopliaison@rochesterknitting.org">shopliaison@rochesterknitting.org</a>
<b>Auction Chair</b>	Meg Weglarz	<a href="mailto:auction@rochesterknitting.org">auction@rochesterknitting.org</a>
<b>Workshops</b>	Cindy Proano & Cheri Switzer	<a href="mailto:workshops@rochesterknitting.org">workshops@rochesterknitting.org</a>
<b>Retreat</b>	Nina Raqueño	<a href="mailto:retreat@rochesterknitting.org">retreat@rochesterknitting.org</a>
<b>Financial Review</b>	Gloria Wimer	<a href="mailto:audit@rochesterknitting.org">audit@rochesterknitting.org</a>
<b>Director</b>	Marcie Shapiro	<a href="mailto:director2year@rochesterknitting.org">director2year@rochesterknitting.org</a>
<b>Director</b>	Beth Camann	<a href="mailto:director1year@rochesterknitting.org">director1year@rochesterknitting.org</a>



# RKG Member Shops

## *Embraceable Ewe*

213 Main St  
Hamburg, NY 14075  
716-646-6674  
erin@embraceableewe.com  
www.embraceableewe.com

## *Honeoye Craft Lab*

Liz Yockel  
6 Honeoye Commons  
Honeoye, NY 14471  
802-342-6342  
honeoyecraftlab@gmail.com  
www.honeoyecraftlab.com

## *Lift Bridge Yarns*

Jessie McNaughton  
Dawn Verdugo  
23 N. Main st  
Fairport, NY 14450  
585-364-0521  
customerservice@liftbridgeyarns.com  
www.liftbridgeyarns.com

## *Sew Green of Rochester*

438 West Main Street  
Rochester, NY 14608  
585-328-2642  
info@sewgreenrochester.org  
www.sewgreenrochester.org

## *Tina Turner Knits*

Tina Turner  
16 N, Goodman St., Suite 101  
Rochester, NY 14607  
585 820-4507  
www.tinaturnerknits.com

## *Little Button Craft and Press*

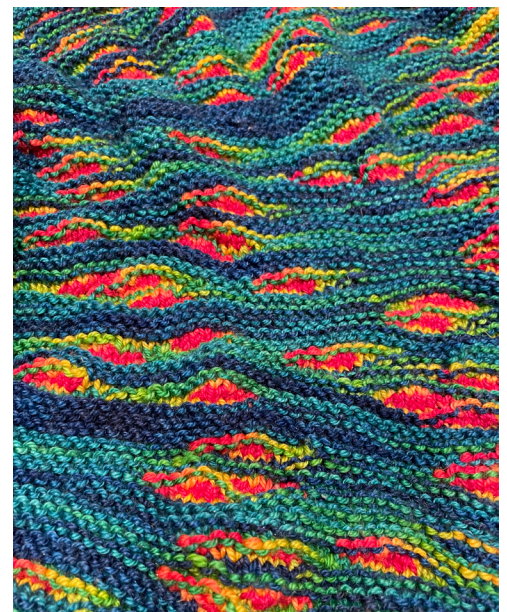
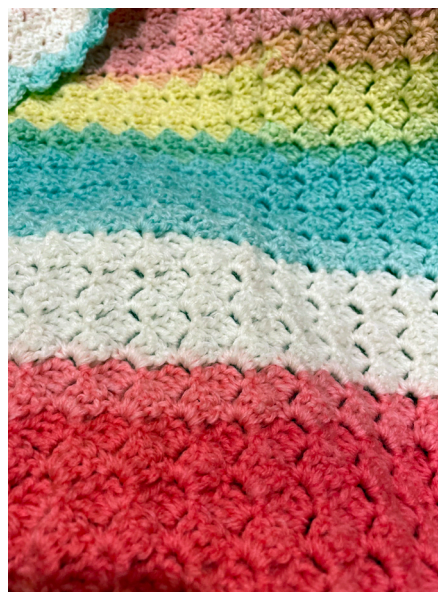
Shelby Przybylek  
658 South Avenue  
Rochester, New York 14619  
585-371-7891  
www.littlebuttoncraftandpress.com  
littlebuttoncraftandpress@gmail.com

## *Yarn Culture*

Patti Odinak  
1387 Fairport rd. Suite 885  
Fairport, NY 14450  
pcutomerservice@yarnculture.com  
www.yarnculture.com

## *Expressions in Needleart*

Lori Malolepszy  
110 S. Main Street  
Canandaigua, NY 14424  
585-394-4870  
lori@expressionsinneedleart.com



Thank you to the members that allowed me to photograph their creations for this newsletter at the September 2022 meeting