

## **RKG SPRING WORKSHOPS WITH KIM McBRIEN EVANS**

**May 6, 7, 8, 9, 2022**

**Virtual Workshops via Zoom**

**Friday, May 6, 2022, 9:00-Noon**

### **Apocalyptic Making Skills: Solo Measurements**

Every designer and instructor you've ever met has told you NOT to take your own measurements. But what are we to do when social distancing and isolation are the norm? REBEL! And learn how to take measurements on our own, accurately. You'll walk away knowing how to put together a "solo measuring" toolkit, learn how to take your own body measurements, suitable for knitting garments, and understand which measurements are key to great garment fit.

#### **What to Bring:**

- dress in a light layer of close fitting clothing (Kim will be wearing a t shirt and leggings)
- Pencil
- Measurement sheet (from handout)
- Measuring tape long enough to go around your hips and full bust/chest
- Ruler (18"+ is ideal. Quilting/sewing ruler is perfect)
- masking tape
- Optional: dot stickers for marking measurement points
- Optional: Large paper clips or binder clips or other similar clip or safety pins

**Friday-May 6, 2022, 1:30 - 4:30 pm**

### **Bums and Bellies: Sweater Shaping for Your Body**

Using your measurements and worksheets, we'll look at how to master the fit of sweater patterns to YOUR body, and what those modifications look like in a simplified form.

You will:

- Build a map of your body measurements + ease
- How to choose a size to start with
- How to compare your measurements to sweater schematics to learn how a "hybrid size" can be a solution when your measurements span more than one size.
- What to do when your weight is carried more in front or back
- Where and how to place shaping darts to help with fit

#### **Homework:**

Take measurements indicated on the first page of the handout

#### **What to Bring:**

- Pencil
- Handout
- Calculator (optional)
- Your measurements (see homework)

**Saturday- May 7, 2022, 9 am-Noon + 1:30 - 4:30 pm (6 hour class with lunch break)**

**The Sweater Map: Set-in Sleeve Sweaters + Set-in Sleeve Modifications:**

If the shoulders fit, the sleeves don't. If the sleeves fit, the bust doesn't. These are common fit issues in our sweaters. Let's fix them! When I'm making a sweater for myself, I make myself a visual "map" to show me what to do and when. Body shaping, sleeve shaping, bust darts and more are all on that 1 page image that acts as a guide for making my sweater. In this class, I'll show you how to make your own!

With a focus on Set-in Sleeves, you will learn:

- How to determine good armhole and bicep fit
- How to draft a new sleeve cap and armhole/armscye to your measurements
- How to change the length of a sleeve that ensures a good fit from cuff to shoulder

By the end of this class, you will have:

- a body map of yourself
- an understanding of ease and what your ease looks like on you
- a "sweater map" for a basic, set-in sleeve sweater designed for your body

**Homework:**

- Take measurements indicated on the first page of the handout
- Choose a personal croquis (fashion illustration model). You can choose one of the samples in the handout, or you can make one using YOU at [mybodymodel.com](http://mybodymodel.com)

Discount code for mybodymodel:  
INDIGODRAGONFLY (case sensitive)

**What to Bring:**

- Graph paper or dot grid paper (large enough squares for you to count)
- Ruler and tape measure
- Masking tape or washi tape (very small amount)
- Pencil
- Your croquis

**Sunday- May 8, 2022, 9am – Noon**

**Boob Camp: Bust Darts for Every Body**

Learn life changing techniques for those of us with larger chests. Sweaters look best when they fit us in our shoulders and properly accommodate our chest. Learn how to choose a size and to construct 2 types of bust darts for your chest, giving you endless choice for modifying any sweater pattern.

**Homework:**

- Take measurements indicated on the first page of the handout

**What to Bring:**

- Pencil, pen, notebook for making calculations
- optional: calculator
- Measuring Tape

**Sunday- May 8, 2022, 1:30 pm – 4:30 pm**

**Boob Camp 2: Necklines for Every Body:**

Come back to Boob Camp, and learn how to adjust any neckline to your favourite shape! Learn how to adjust neckline width and depth for comfort and style. Learn the best necklines for your bust size, neck length and shoulder shape, and why they work. We'll also look at colour and how colour blocking and pattern placement can create the illusion of different shapes, and enhance your necklines.

**Homework:**

- None

**What to Bring:**

- Handout
- Pencil, pen for making notes and calculations
- Knitter's graph paper (free download here: <https://www.printablepaper.net/category/knitting> — any size is fine)
- optional: calculator + measuring tape
- optional: If you have a "my body model" croquis, bring it to class!

**Monday – May 9, 2021, 9am – Noon**

**Sweater Fit Clinic:**

Come to the clinic and learn possible solutions to your sweater fit problems. We'll cover common sweater fit issues and solutions in the following order:

- Upper torso/shoulder fit
- Chest fit
- Mid-torso/waist, back
- Hip/hem fit

**Homework:**

Gather all your fit questions to bring to class!

**What to Bring:**

- Sweaters with fit issues
- Questions about fit difficulties

**Monday– May 9, 2022, 1:30 pm – 4:30 pm**

**Pockets!**

Why don't more sweaters have pockets? All our clothing should have pockets! Big pockets. Useful pockets. Pockets you can put actual stuff in! Whether for holding your phone, collecting rocks on the beach, or having a pocket designed to hold a medical device, we all need pockets in our clothing. Sweaters are no exception. JOIN THE POCKET REVOLUTION, as we explore several different pocket shapes and types, how to work them into a new pattern, and how to add them to your favourite finished sweaters.

**Homework:** This homework will allow you to try techniques in class.

**Part 1:**

Bring 2 finished swatches in stockinette stitch (garter stitch border on top and bottom only please). Your swatch should be at least 4" wide and 4" tall. DK or Worsted weight yarn is preferred.

**Part 2:**

Using DK or Worsted weight yarn, CO 30 stitches. Work 20 rows in Stockinette stitch, ending with a WS row. Leave work on needles and bring to class.

**What to Bring:**

- Homework swatches
- Yarn and needles used in homework swatches, or a contrasting colour
- Tapestry needle, extra knitting needle (DPN is fine), stitch markers and scrap yarn
- Scissors