

## RKG Stranded Knitting Sample

One of our members made a great suggestion last night, to have hands on practice with steeks at the January 2019 meeting. If you'd like to give it a try, here's a pattern of sorts and what to bring with you on January 14th.

Meg Weglarz contact me with any questions -through the Ravelry thread for this or email to vicepresident@rochesterknitting.org

YARN: two colors of yarn, preferably wool or a mostly wool blend

NEEDLES: needles appropriate to your preferred method for knitting a smallish tube in circular knitting - DPNs, two circs, or Magic Loop; one size larger than you'd usually need for this yarn  
2 stitch markers

For example, I'm going to use some Brown Sheep NatureSpun sport bits and bobs that I have on hand and size 5 or 6 needles.

Designate your MC and CC colors

Cast On 67 stitches and join to knit in the round

Knit 6 rounds of garter stitch - knit 1 round, purl 1 round- all in the same color.

Round 7: add in CC and K1CC, K1MC, K1CC, K1MC, PLACE MARKER, knit first round of chart across 60 stitches, PLACE MARKER, K1MC, K1CC, K1MC

The four stitches at the beginning of the round, before the marker, and the three at the end of the round, after the marker, are your **Steek stitches**.

The chart reads from right to left, showing the steek stitches at the beginning, a few repeats of the stitch pattern(s), with the repeat marked, and then the steek stitches at the end of the round.

Knit, following the chart until you have **at least 5 inches of tube** and bind off loosely. Block if you wish.

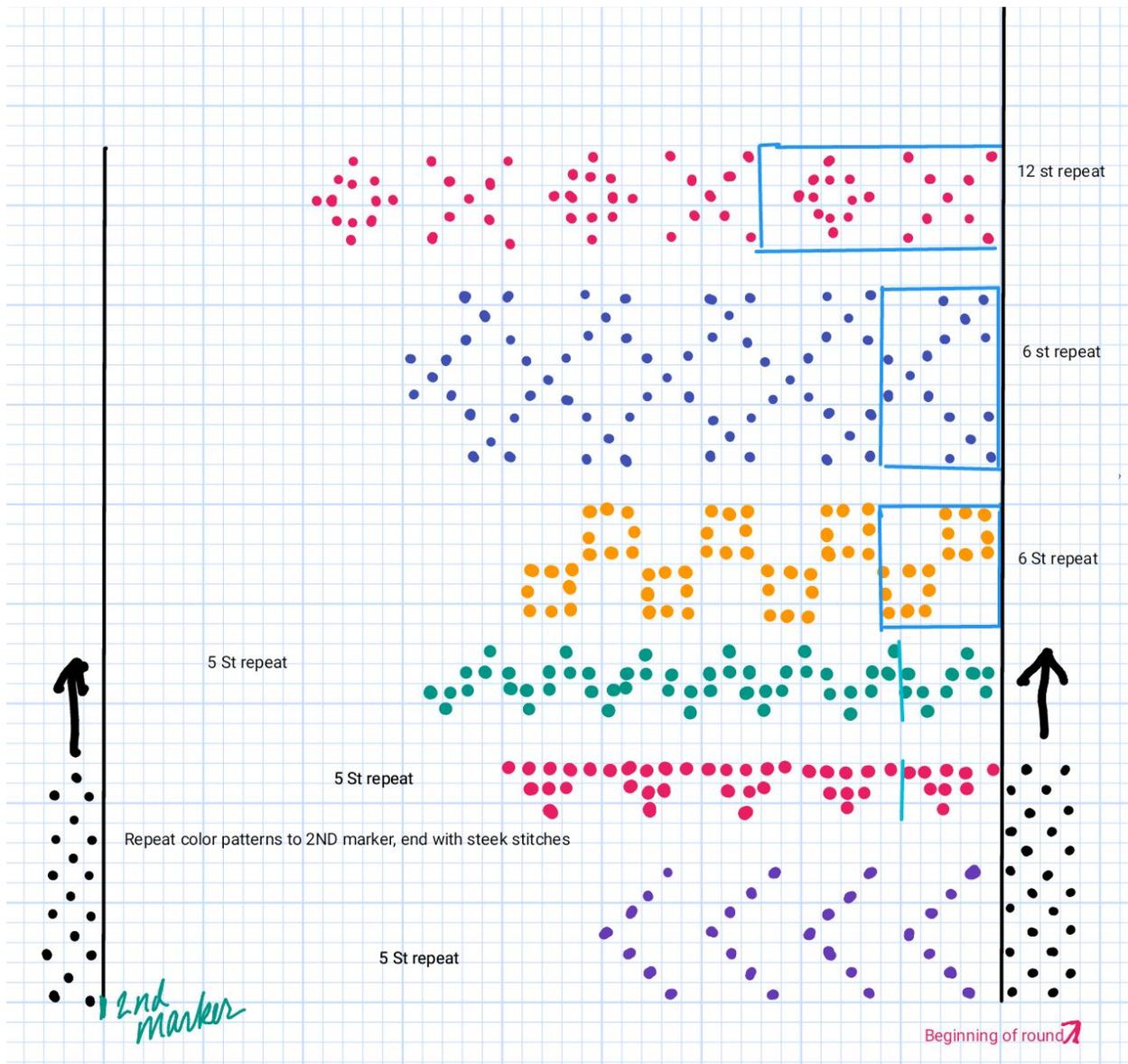
The chart is set up so you can knit every little color pattern evenly across the round. 60 stitches for the body of the swatch is divisible by 4, 5, 6 and 12 which just happen to be the repeats. Each pattern is shown in a different color simply to make following the chart as easy as possible. Use whatever color you wish for the CC in each pattern- knit each color pattern once or many times, whatever you like.

Remember to keep the 7 steek stitches (4 at the beginning of the round and 3 at the end) in a simple diced pattern of alternating colors, like the squares of a chessboard **all the way up the**

**swatch.** I did not put the dots all the way up the chart but continue the steek pattern all the way to the top.

On the 14th, bring your swatch, a crochet hook appropriate to your yarn (G for Worsted, E for sport), sewing thread, a sewing needle (as opposed to a blunt yarn needle) and sharp scissors if you have them.

Bring your needles too, so you can knit up stitches along the steek



**START HERE**