

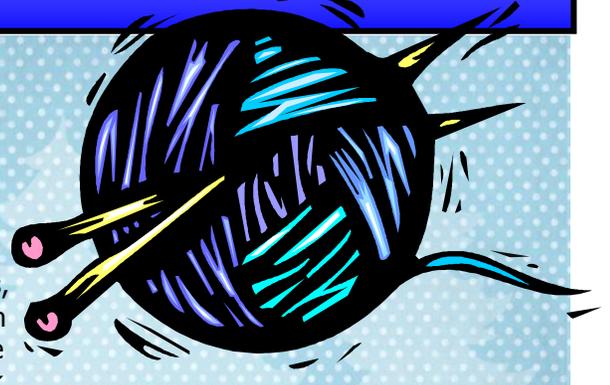
**Rochester
Knitting Guild**
Celebrating 25 Years of Knitting

News for Ewes

"all the news that's fit to knit"

January 2013 Volume XXVII Number 5

The Rochester Knitting Guild is an organization to promote interest, appreciation and skill in knitting. Visit our website at www.RochesterKnitting.org



January Sock Night

Hello everyone. Originally I had intended this night to be about socks, but after thinking about it I realized that these techniques are used in many other garments and accessories. This is great because it will be beneficial to everyone at least in some way and not just cater to sock lovers. Although I do love knitting socks!!! Remember to bring in a sock for the trunk show. Please have your name and pattern written on an index card attached to it so we can get them safely back to you. We only need one sock for the display. The following workshops will be offered:

- Short row heel
- Afterthought heel
- Slipstitch heel
- Heels from the toe up
- Mastering the Kitchener
- The perfect sock recipe
- Beginning sock knitters on 2 circulars
- Crochet sock
- Heels and hole-prevention repair

The materials needed for the crochet class is 350 to 400 yards of sock or fingering weight yarn and a size E (3.5 mm) crochet hook, a tape measure or ruler, and three locking ring markers, one of which must be different from the other two. Skills learned will be: foundation double crochet (fdc), Front Post double crochet (FPdc), extended single crochet (esc), and heel flap heel with short row shaping. Although we will be using a basic pattern, all parts of a sock are meant to be customized; thus, everyone should be prepared to try on their sock while it is being made. Anyone wishing to get a head start on the cuff is welcome to do so!

All of the other classes need to bring in 350-400 yards of fingering or sock weight yarn and double point needles to match the gauge (if you are taking the 2 circulars workshop bring in 2 circulars in the correct gauge), a tapestry needle, and stitch markers. Sock yarn and 2 circulars of the same size are required for the Perfect Sock Recipe Workshop.

Please be prepared for 2 workshops in case your first choice is full.

Happy New Year to you all.

—Melissa Cushman



2012-13 Calendar

- Jan 14** **Sock Show & Workshops**
- Feb 11** Felting Workshops
- March 11** Karin from Periwinkle Sheep
- April 8** Fashion Show
- May 13** Yarn Auction

7:00 pm
Temple B'rith Kodesh
2131 Elmwood Ave., Rochester, NY

*Doors open at 6:30, business and announcements at 7:00. Program starts promptly at 7:30 pm. The **HelpTable with Lynne Sherwood** is available until 7:30 pm.*

Board Meetings:

January 28, 2013 March 18
February 25 April 22

6:30 pm
Temple B'rith Kodesh, Rm. 106
2131 Elmwood Ave., Rochester, NY

All members are welcome to attend.

Deadline for February '13 Newsletter

Submit all articles by **Jan. 19** to newsletter@rochesterknitting.org

Happy New Year!

I begin the new year full of hope and positive ideas for the coming year. This includes completing unfinished knitting projects. Let us see what I have on that list.

A sweater for my daughter that she has been waiting to wear for over a year now, and two beaded projects that I started in a class from Laura Nelkin last February. The list also includes a crocheted shawl that will be beautiful, but it's in lace weight yarn so it will take a long time. I always have more patience with others than with myself. These are just the projects that are within reach next to my chair. Then there are the projects that I would like to start or tasks I'd like to undertake. That's also a pretty long list. Socks for a friend's birthday (she's only been waiting over 2 years for those), a really neat ribbed vest for the same daughter, and a fair isle sweater kit that I've had for at least 3 years. Then there are the things I want to design. A scarf for a friend using the yarn from her sheep, that can then be included in a kit to sell her yarn at fiber shows. A fair isle tam in natural shades of hand-spun yarn. An original Orenburg shawl pattern for the spinning guild to feature at the next Fingerlakes Fiber Festival. Then, of course, there is the fact that I really want to work on my website and get more of my patterns online. Of course all of these things need to happen while I work full time, help run the Knitting Guild, and take care of my family. So I guess my goal for this year will be to accomplish some of these things and not worry about what I don't get done. Realistically, if I don't get some of these things done, nothing bad will happen. I will still have wonderful friends and a loving family and that is what is really important.

—Tina Turner, President

Library

The library is accepting names of books and or DVDs you would like to see to be used for reference. We received the Melissa Leapman book, *Knitting the Perfect Fit*, and as fast as we received it, is as fast as it went out! Glad to see that the resources are being used.

Please remember that the books/DVDs are on loan to you for a one month time frame. Please adhere to this as others would like to enjoy.

Thanks to Dawn for stepping in as temporary librarian as Brenda was unable to attend.

See you next month.

—Marsha Peone, Brenda Mudd

On the Web

A New Year always brings new resolutions—and if your resolution is to de-stress after the holidays, and on into the New Year, you are closer than you think. Research at the Harvard Medical School Mind/Body Institute found that when an individual is knitting, her heart rate can drop 11 beats a minute and her blood pressure drops as well. More on that can be read here: <http://soulardknitter.blogspot.com/2007/08/knitting-has-health-benefits.html>. (The study probably didn't take into account knitting on a deadline and/or the dreaded dropped stitch, both of which have opposite effects we're guessing...). So wind up some yarn and then unwind as you knit... And just in case you over-do the stress release (!) or the holiday flurry of knitting got you twisted up, here is how to work out those kinks <http://www.knittingguru.com/exercisesforknitters.html>. Knitting is good for you and while it doesn't burn a lot of calories, it does keep your mind sharp, and actually does have a lot in common with exercise it seems: <http://fitknitchick.com/2011/04/24/similarities-between-exercise-and-knitting/> So make a resolution to start out the new year right--make regular visits to your local yarn spa (shop), keep your mind sharp (<http://news.bbc.co.uk/2/hi/health/7896441.stm>), your blood pressure down, and have a great New Year!

—Deb Scorse

The Members Only page username is **imaknitter**, and the password is **purlaway**.

Community Knitting

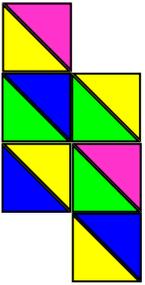


Community Knitting would like to thank everyone for their continuing efforts in helping out with those in need--especially this time of the year when the weather is turning cold and the holidays are upon us. Your donations provide warmth to body and heart of one in need.

We were able to deliver 180 preemie hats and 72 baby hats to Strong Memorial Hospital Pediatric unit. They were delighted to get them.

Please remember to stop by and pick up some more yarn! If you know of someone that likes to knit or crochet but may not be able to get out or can't afford to purchase yarn, you are welcome to provide these individuals with the donated yarn. Thank you all and Happy Holidays!

—Elaine Hamilton



Colorful afghan time!

Materials and patterns for each simple 6" square will be on sale starting at the January meeting. Since they are small, the afghan takes 81 squares!!!!

We need lots of hands. Do stop by!

For those who are new, you pay for materials only for the square(s) you make (\$3.00). Each finished square entitles you to a chance to win the completed afghan. Join in the fun.

Finished squares are due at the March meeting.

—Valerie McPherson

Member Shop Shout Out

Thanks to all who participated in Shop Night last month. There was a big variety of items and fibers for sale, and I hope you all took advantage of that and were able to finish some gift shopping! If you have any helpful feedback relative to shop night, please let me know.

NOTE: Miki Mand * Fibers has decided (because of many requests) that she will keep her shop open until February 28th. Her phone number and address are located on the Member Shop page.

All Tied Up Yarns

In a downtown Auburn storefront, our newest member shop resides. This shop is full of color, knitted samples, and is well organized. They carry Madelinetosh yarns in addition to many popular yarn brands such as Debbie Bliss, Berroco, and Classic Elite. The owner, Andrea Cosachov, is an active member of the guild, and favors yarn and related products with a local flair. The web site is user-friendly and informative, and includes a listing of the books available in the shop. There are many knit-along groups available as well. Check it out—you won't be disappointed!

—Pam Knapp

Save the Date

for the 3rd Spring Knitting Retreat

Camp Stella Maris March 8, 9, 10 2013

Sign up with the form on the last page.

• weave • spin • knit • felt • bead • dye • braid •

Weaving & Fiber Arts Center

offering classes for adults and youth

Piano Works Mall, Studio 1940
349 West Commercial Street
East Rochester, NY 14445
585-377-2955

www.weaversguildofrochester.org/center

• tapestry • shibori • marbling • needle arts •

kumihimo • paper arts

surface design • jewelry

Come Knit with Us...

Are you getting together with another group of knitters and would welcome a few new faces? Please contact Pam Knapp (see the Board listing) to have your group listed here.

Mondays—Sit and Stitch, 3:30-5 at Webster Public Library, 980 Ridge Road, Webster. Contact the library at 872-7075.

Wednesdays—Knit Clique, 11 am-1 pm at Brighton Library, 2300 Elmwood Avenue. Contact the library at 784-5300 or visit their website: www.Brightonlibrary.org/library/Adults_prog.htm.

Thursdays—Informal Knit Together. Penn Yan Library, 1-3 pm, 214 Main St., Penn Yan, NY. Contact: Pam Ells, 585-526-5327.

Fridays—Creative Hands—1-4 pm at the Lutheran Church of Concord, 485 Holmes Rd in Greece. Contact is Judy Trost, 436-3321.

Fridays—Volunteers needed for Legacy Clover Blossom Senior Living Community women. 11 am in the Sun Room. Contact Carol D'Agostino, 478-4960

4th Tuesday—Hilton-Parma Knitting and Needlework Group—6:30-9 pm at Hilton Community Center Senior Lounge on Henry St. Contact is Noreen DeBruycker, 352-6611.

4th Tuesday—Monthly Prayer Shawls group—7 pm at Panera Bread on Hylan Dr. near Marketplace Mall in Henrietta. Open to all fiber arts. Contact is Mary Ellen Arden 334-1906 (evenings), 321-9479 (days).

2nd Thursday—Fun & relaxing, self-directed program 6:30-8 p.m. at the Gates Public Library. Bring your own snack or beverage if you wish. Contact: Mary Jo C. Smith, Librarian, 585-247-6446

2nd Thursday—of each month. 2:00 pm at the Ogden Farmers' Library, 269 Ogden Road, Spencerport, NY 14559. For more info or questions, call the library at 617-6181 and ask for Kate (Adult Librarian). Bring your projects and socialize while you work!

The **TKGA Knitalong/support group** is for knitters working through the Master Hand-knitting program administered by The Knitting Guild Association. We will find a convenient time and place to meet with anyone who is interested. Contact Pam Knapp at knitknap@gmail.com or 733-8805.

Hospitality

Welcome back to a new year with Rochester Knitting Guild. We are back on schedule of treat-sharing again after our holiday dessert table. So, January treats will be provided by those guild members whose last names begin with Q-Z. Thanks in advance. We all appreciate having a little "somethin'-somethin'" with our tea or coffee at the meetings.

Please remember to bring your own mug for coffee or tea. This not only saves the environment from all those foam cups, but also helps the guild financially. Also, please remember that we are privileged to be guests at the home of our host, Temple B'rith Kodesh. No meat products, please.

—Anita Abrahamson

A small reminder: we are very privileged to be guests at the home of our host, Temple B'rith Kodesh. The Temple provides us with a wonderful place to meet each month and enjoy all our Guild has to offer. In order for us to continue to enjoy this location, please remember to be mindful of our surroundings. Should you wish to smoke, please remember smoking is only appropriate outside in an area not directly in front of the entrance. Thank you for your consideration.

—Tina Turner, President



RKG Board Who's Who?

There is Room for You & You!

But wait, are you feeling left out? There is a VACANT position—please consider volunteering for PUBLICITY!

RKG 2012-13 Board of Directors

President	Tina Turner	president@rochesterknitting.org
Vice-President	Melissa Cushman	vicepresident@rochesterknitting.org
Secretary	Peggy Hagen	secretary@rochesterknitting.org
Treasurer	Judy Pratt	treasurer@rochesterknitting.org
Director (1 yr)	Patty Payne	director1year@rochesterknitting.org
Director (2 yr)	Anne Westcott	director2year@rochesterknitting.org
Auditor	Holly Bauer-Mergen	audit@rochesterknitting.org
Membership	Eileen Vito, Jackie Cushman Nancy Harrington	membership@rochesterknitting.org
Community Service	Elaine Hamilton	communityservice@rochesterknitting.org
Library/Knitting Resources	Marsha Peone, Brenda Mudd	librarian@rochesterknitting.org
Hospitality	Anita Abrahamson	hospitality@rochesterknitting.org
Website	Deb Scorse, Julia Cialini	webmistress@rochesterknitting.org
Newsletter Team	Pam Knapp, Nancy Thomas	newsletter@rochesterknitting.org
Guild Afghan	Valerie McPherson	afghan@rochesterknitting.org
Shop Liaison	Pam Knapp	shopliaison@rochesterknitting.org
Auction Chair	Julia Cialini	auction@rochesterknitting.org
Publicity	YOU?	publicity@rochesterknitting.org
Nominating Committee	Nina Raqueño	pastpresident@rochesterknitting.org
Workshops	Michele Czekala	workshops@rochesterknitting.org

RKG 2011-12 Income & Expenses**INCOME**

Membership Dues	\$7,800.00
Anne Hanson Workshop	4,685.00
Guest admissions - Nov.	50.00
Yarn Auction	944.50
Silent Book Auction	427.00
Raffles	1,200.00
Spring Fling	2,930.00
Afghan	256.00
Bounced check fee	10.00
Newsletter ad purchase	93.00
TOTAL Income	\$ 18,395.50

EXPENSES

Membership printing	\$ 217.65
Newsletter printing & postage	731.47
Anne Hanson workshop	3,271.58
Yarn Auction	14.71
Raffles & door prizes	264.28
Spring Fling	2,848.81
Afghan	220.62
Bank charges	35.00
Newsletter ad refund	9.00
Community Knitting prizes	50.00
FL Fiber Festival awards	50.00
Guild Programming	897.72
Equipment	25.90
Hospitality (incl May special)	680.66
Insurance	290.13
Library	404.70
PO Box Rental	58.00
Rent for Meetings -- Temple	6,075.00
Webpage	286.20
TOTAL Expenses	\$ 16,431.43

FY 7/1/2011– 6/30/2012 Fiscal Review* Report

*This fiscal review was comprised of a review of the Treasurer's books, including monthly bank statements, the check-book register, receipts, invoices, and the summary financial statements (monthly and year-end), as well as supporting documentation. The review used basic accounting principles, but it is not an "audit" based upon GAAP (Generally Accepted Accounting Principles), which would be conducted by a certified public accountant.

The financial records of the Rochester Knitting Guild are kept on a cash basis.

2011-2012 Recommendations

All requests for the Treasurer to make out a check should be accompanied by some kind of documentation, such as an invoice or copy of the appropriate contract section.

The Board should consider labeling the budget category "Printing-Membership" more broadly (e.g., Membership Supplies).

Receipts should be checked against invoices submitted (one instance of a mismatch).

See Income and Expenses (this page)**General Overview**

The books were well-kept and year-end documents were consistent. Back-up documentation was generally very well done, except for the problems noted in tracking the large number of receipts for the large events (Fall Workshop and Spring Fling). Most recommendations from the prior year were implemented (except as noted for the budget category for Membership and the documentation for the Fall Workshop and Spring Fling). The changes for the documentation for the yarn auction and the silent book auction were especially well done.

Submitted by,
Holly L. Bauer-Mergen

Membership

Our membership total is now up to 317. Please welcome our newest member, Julie Thompson.

Many thanks to Susan Macpherson & Bonnie Santora for all your help at the check in table & with ticket sales—we couldn't have managed without you!!

Congratulations, prize winners! We hope you had fun spending your gift vouchers for Shop Night.

Door Prize Winners:

Carol Klinger, Daralene Dobbins, Deb Sprague
Rosemary Moldram

Raffle Winners:

Carol Kolb, Debbie Fister

—Jackie Cushman, Eileen Vito,
and Nancy Harrington



gently used

Knitting Machines

Brother 970 and Brother 892

also a G carriage, ribbing attachment KR850, colour changer KRC 830, and yarn—lots and lots of yarn! If interested, please call Jeanne Schanink

[507-263-4059](tel:507-263-4059) home or [612-636-7925](tel:612-636-7925) cell.

RKG Member Shops

Please remember to call ahead to check hours

Alfred Knitting Studio

Lynne and Frank Bunke
569 Main St. Rt. 244
P.O. Box 247
Alfred Station, NY 14803
607-587-8002
607-587-8006 Fax

All Tied Up Yarns

Andrea Cosachov
14 State St.
Auburn, NY
(315) 258-YARN (9276)
<http://www.alltiedupyarns.com/>

Dancing Goat Yarn Shop

Mara & John Rooney
11 W. Buffalo St.
Warsaw, NY 14569
dgyarnshop@yahoo.com
Find us on Facebook

Dimity

Internet sales only
Diane Miller
389 Dewey St.
Churchville, NY 14428
585-293-1468
dimity@aol.com
www.dianem.wordpress.com

Embraceable Ewe

Erin Kosich
213 Main St
Hamburg, NY 14075
716-646-6674
erin@embraceableewe.com
www.embraceableewe.com

Expressions in Needleart

Lori Malolepszy
110 S. Main Street
Canandaigua, NY 14424
585-394-4870
expressionsinneedleart@yahoo.com
www.expressionsinneedleart.com

Fine Fibers

Carole & Paul Woodgate
665 Colby St.
Spencerport, NY 14559
585-352-5538
finefibers@aol.com
www.FineFibers.com

Finger Lakes Fibers

Mary Jeanne Packer
315 N. Franklin St.
Watkins Glen, NY 14891
607-535-9710
fingerlakesfibers@gmail.com
www.fingerlakesfibers.com

Miki Mand * Fibres

Miki Mand
761 Goodman St. S.
Rochester, NY 14620
585-244-3827
Hours by appointment only
Cash and Checks only

Pollywogs

Diane and Walter Jezewski
7 Bush Ave
Wayland, NY 14572
585-728-5667
pollywog@frontiernet.net
www.mypollywogs.com

Bead and Fiber Fantasy

Louise Smith
4849 Cory Corners
Marion, NY 14505
315-926-5765
louise@beadandfiberfantasy.com
www.beadandfiberfantasy.com

The Yarn Shop of Geneva

Kathy DeMaria
508 Exchange St.
Geneva, NY 14456
315-789-7211

The Yarne Source

Susie Zanni
7 Schoen Place
Pittsford, NY 14634
585-334-5350
yarne@rochester.rr.com
www.yarnesource.com

Village Yarn and Fiber Shop

Karen Petito, Sarah Reilly, Linda Nally
& Van Black-Winhaber
350 West Commercial St.
East Rochester, NY 14445
585-586-5470
comments@villageyarnandfiber.com
www.villageyarnandfiber.com

Woolly Lamb

Sharon Kabel
712 Main St.
East Aurora, NY 14052
716-655-1911
woollylambyarnshop@aol.com
www.woollylambyarnshop.com

Yarn Boutique

Bret & Amelia Templar
Brighton Commons
1855 Monroe Ave.
Rochester, NY 14618
585-413-1123
Amelia@myyarnboutique.com
www.myyarnboutique.com

Support our local yarn shops !



ROCHESTER KNITTING GUILD
Spring Knitting Retreat
At Camp Stella Maris, Livonia, NY
March 8,9,10th, 2013

Come Treat Yourself to a Spring Knitting Retreat



A weekend full of knitting pleasures.
Arrive Friday anytime after 4:00PM

Scenes from the 2011 Retreat

The 2012 Gaggle



Friday Evening: Show & Tell
Saturday Workshop Choices:

- Knitted Beaded Bracelet
- Spanish Dancer Shawl
- Knitted Beaded Necklace
- Knitting with Grammy

Saturday Evening: Game Night & Yarn Swap

Sunday: Tips & Tricks & Crochet for Knitting
 And Plenty of time to just Sit & Knit by the fire.

Depart Sunday afternoon 2:00PM

Spanish Dancer Shawl made with mill-ends of Mountain Colors Barefoot sock yarn

Weekend Retreat Fee Includes:

- Choice from Saturday Knitting Workshops
- Sunday Mini-Workshops
- All Meals & Snacks
- Overnight Accommodations

Reserve Your Spot Today!

Please select the desired workshop and enclose the completed form with a check payable to the Rochester Knitting Guild for the minimum \$50 Deposit Fee or Total Amount Due, and mail to:
 Nina Raqueno 5710 Old Orchard PT Livonia, NY 14487

Can't join us for the entire weekend?
Saturday Day Campers are Welcome Too!
(9am-4pm)



Knitted Spiral Beaded Bracelet

ROCHESTER KNITTING GUILD
 Spring Knitting Retreat
 March 8,9 & 10th, 2013
 REGISTRATION FORM

Name: _____

Phone: _____

Email address: _____

(Please print clearly. Confirmation, complete weekend schedule, & supply list will be sent by email.)

Knitting Weekend Fee \$ 160
 Saturday Day Camper Only \$ 65
 (Lunch & Snacks Included)
 Weekend Fee (no workshops) \$ 110
 Total Included \$ _____
 (A minimum \$50 deposit is due upon registration)
 Remainder Due March 8th, 2012 \$ _____

Please choose 1 per session.

- Knitted Beaded Bracelet (Sat AM)
- Spanish Dancer Shawl (Sat AM)
- Knitted Beaded Necklace (Sat PM)
- Knitting with Grammy (Sat PM)
- Tips & Tricks (Sunday)
- Crochet for Knitters (Sunday)

Cancellations: Remember that all cancellations are subject to a \$15 fee, and NO cancellations are accepted after February 27th, unless there is a waiting list.

Inquiries : Any inquiries should be made to Nina Raqueno by phone at (585) 281-3846

or by email at nina.raqueno@gmail.com.